



St Joseph's Church (Bukit Timah)

Weekly Parish Bulletin • 04 Oct 2026 • 27th Sun Ordinary Time (Year A)

620 Upper Bukit Timah Road
Singapore 678116

Gate Opening Hours:
6.00am to 10.00pm

stjoseph-bt.org.sg/

facebook.com/sjcbt/

PARISH PRIEST

Rev Fr Jovita Ho
Tel: 6760 0052
jovitaho@catholic.org.sg

ASST PARISH PRIEST

Rev Fr Leo Justin
Tel: 6760 4636
leo.justin@catholic.org.sg

SECRETARIAT

Maggie Chia
Tel: 6769 1666
sjcbt.secretariat@catholic.org.sg

ADMINISTRATION

Evelyn Lau
Tel: 6769 1608
sjcbt.admin@catholic.org.sg

MASS SCHEDULE

WEEKDAY MASSES (Chapel of St Joseph)

Mon – Fri : 6.30am, 6.30pm
Sat : 6.30am

WEEKEND MASSES

Sat : 5.30pm (Sunset)
Sun : 7.30am (Mandarin),
9.30am, 11.30am and 5.30pm

CONFESSIONS

15 mins before all weekend Masses in
the Reconciliation Rooms in Church.

OTHER SERVICES

ADORATION ROOM

Mon – Fri : 8.00am to 9.00pm
Sat : 9.30am to 7.00pm
Sun : 8.00am to 7.00pm
Public Holidays : 8.00am to 4.00pm

COLUMBARIUM / ROSARY GARDEN / STATIONS OF THE CROSS

Mon – Sun : 8.00am to 8.00pm

MEDIA CENTRE (BOOKSHOP)

Sat : 4.30pm to 7.00pm
Sun : 8.30am to 1.00pm
Every 2nd Sunday : 8.30am to 1.00pm,
5.30pm to 7.00pm

DEVOTIONS

Holy Hour : First Friday @ 8.00pm
in Main Church (unless otherwise stated)

Mass in Honour of St Joseph :
First Wednesday @ 8.00pm
in Main Church

Divine Mercy :

Every Friday @ 8.00pm (except First Fri)
in the Chapel of St Joseph

Garden Rosary :

First Saturday after the 5.30pm Mass

Grotto Rosary : Every 13th of the month
after 6.30pm Mass (weekdays only)

Holy Hour for Vocations :

Every Third Thursday of the month in
the Chapel of St Joseph @ 8.00pm

Blessing of Expectant Mothers:

Every Fourth Sunday of the month

Feast of our Lady of the Rosary

Feast of Our Lady of the Rosary

Sunday 4 October 2026

6 pm : Mass

7 pm : Candlelight Procession

Please note that the Mass will be at 6 pm
and not 5.30 pm.

Petitions

You can submit your petitions using the
petition cards placed in the Cry Room.



Come and pray the Rosary as one parish family. Let us entrust our
families, our parish and our intentions to our Blessed Mother.

Ave Maria, Gratia Plena

Appeal for CHARIS' Humanitarian Month

**SMALL GIFTS
MIRACULOUS IMPACT**

Make Hope Happen.
Your gift can save lives, rebuild communities,
and bring hope to those in need.

CHARIS
Caritas Humanitarian Aid &
Relief Initiatives Singapore

SCAN TO DONATE

bit.ly/charis-haf

PAYNOW UEN:
201715440WONL

Humanitarian Aid | Capacity Building | Disaster Response | Mission and Outreach

Charis_singapore | CHARISingapore | CharisSG | charis-singapore.org

Caritas Humanitarian Aid & Relief Initiatives, Singapore (CHARIS), is making its annual appeal for their Humanitarian Aid Fund which supports the Archdiocese's overseas humanitarian aid and disaster relief efforts. Your small gifts can transform into miraculous impact for our brothers and sisters in need.

Donation envelopes are available at the entrances of the Church; and you can drop the envelopes in the donation box in the Cry Room.

Please contact CHARIS at 6337-4119 or scan the QR code to visit their website for more information.

Thank you for Making Hope Happen!



Thanks to your generosity, our Nepal Flood Emergency Relief campaign reached its target in just a few weeks.

Your support is already delivering vital aid on two key fronts:

We have disbursed SGD196,000 to Caritas Nepal to distribute emergency food supplies and essential relief items to displaced families and communities.

We contributed SGD 50,000 in emergency aid to Humanity Matters to house children orphaned by the flash floods in Nepal.

While immediate aid is underway, rebuilding homes and livelihoods will take time. We invite you to keep these families in your prayers as they journey toward recovery.

Thank you for your generosity, prayers, and trust.

Home Rosary (commencing Oct)



October being the Month of the Holy Rosary, we are inviting parishioners to host small prayer gatherings in their homes. If you have space for a small group to gather to pray the Rosary and share brief fellowship, we need you! The Legion of Mary will supply all the materials needed. Help us fill our community with prayer this October. To volunteer your home or learn more, please email lom.stjoseph@gmail.com.

Tuesday Morning Manna (Tue 6 Oct @ 11.05 am)





TUESDAY MORNING MANNA





LECTIO™

UNVEILING SCRIPTURE AND TRADITION

PRAYER

Finding Intimacy with God

- Tues 11.05am-12.30pm, St Joseph AVA Rm
- Sep 29, Oct 6, 13, 27, Nov 3



Deepen your prayer life with Lectio: Prayer with Dr. Tim Gray. This series explores the practice of Lectio Divina to make prayer an effective effort of love. Gatherings are on Tuesday mornings at 11.05am at the St Joseph AVA Room. Join the Whatsapp community to learn more: tinyurl.com/TuesdayMorningManna

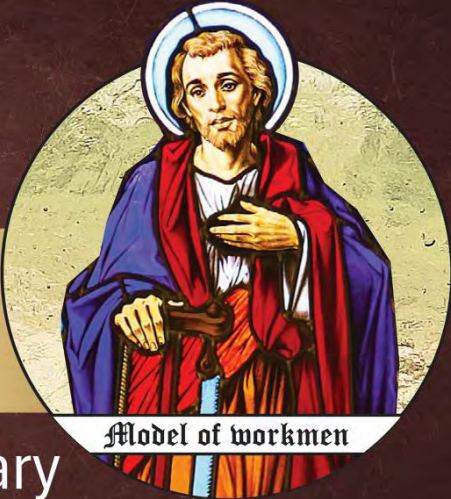
First Wednesday Mass in Honour of St Joseph (7 Oct)



MASS IN HONOUR OF ST JOSEPH

FIRST WEDNESDAY 7 OCTOBER

7.30pm St Joseph Rosary
8.00pm Mass



Model of workmen

Holy Hour for Vocations (Thu 15 Oct @ 8 pm)

Holy Hour for Vocations
Thu 15 Oct 2026
Time : 8 pm
Venue : Chapel of St Joseph

The seminarians from St Francis Xavier Major Seminary will be leading the Holy Hour every third Thursday of the month to pray for Vocations.
Please come and join them to pray for vocations to the priesthood!



This will be the last session for 2026.
Come and join the seminarians to pray for more vocations to the priesthood.

SHE (Sat from 26 Sep to 21 Nov)

Love unveiled

She Shall Be Called Woman

A WOMEN-ONLY GROUP

Join us on a transformative journey, learning practical wisdom, in an environment for growth and love as God intended.

Day/Date: Every Saturday
(from 26 Sep to 21 Nov)
Time: 10am to 1130am
Venue: SJCBT, room #02-03

<https://tinyurl.com/SJCBSHE3>

Scan QR code to Register

'She Shall be called Woman' (SHE) Women's Fellowship is back with season 3: Love Unveiled! To truly understand the way the Lord views femininity is to live as one who is fully alive. This season will not only unpack the wealth of celebration of what Saint John Paul II called "The Feminine Genius" but will also give real advice on how to combat the mental, emotional, and spiritual challenges we, as women, face every day. Please register at: <https://tinyurl.com/SJCBSHE3>

Small Catholic Communities (Sat 17 Oct @ 6.45 pm)



GENERAL MEETING

for Small Catholic Communities

SERVING AS *Salt and Light* IN OUR COMMUNITIES

1. Meet each other
2. Meet our new Parish Priests
3. Renew the Mission and Vision of SCCs



Scan QR to register

SATURDAY OCT 17
PARISH HALL
6.45PM to 9.00PM

Calling all Parishioners! Come together as the Small Catholic Community in your neighbourhood for a fellowship good time over dinner with our Parish Priests and each other, on 17 Oct, Saturday, after the sunset mass. All Parishioners are welcome. Please register your attendance as a simple dinner will be provided at: <https://tinyurl.com/SCCGM2026>

Mysteries of the Rosary (commencing 20 Oct)



FAITH & BIBLE REFLECTIONS

MYSTERIES of the ROSARY:

The Joyful Mysteries

Inspiring video series filmed in the Holy Land!

In-person: Oct 20 7.30pm or Oct 21 9.00am,
St Joseph AVA Room

Online Oct 27/28,
via Zoom: Nov 3/4, 10/11, 17/18, 24/25



Deepen Your Prayer Life with the Joyful Mysteries
Come experience the life of Christ in a new way with our upcoming program featuring 'Mysteries of the Rosary: The Joyful Mysteries'. This engaging video series brings the sacred stories of Jesus and Mary to life. Each session features stunning sacred art, reflective insights and personal stories. Join us every Tuesday night or Wednesday morning in-person and online via zoom. Slow down, meditate on the Gospels, and grow closer to the Holy Family. Join the Faith & Bible Reflections Whatsapp Community for more information: tinyurl.com/SJCBTfAB

Emmanuel (Fri 13 Nov @ 10 am)

Emmanuel
**WALKING
WITH GOD**
in our Golden Years



Nearing retirement or already navigating your golden years?
Join us as we reflect on this life stage with confidence and clarity.

SIGN UP HERE



DATE
13 Nov 2026 (Fri)

TIME
10am - 1pm

VENUE
St Joseph Church
(Bukit Timah)
St Joseph AVA Room, L1

Organised by  in collaboration with  Catholic Family Life

Are you approaching retirement or already navigating the joys and challenges of your golden years? Join us for a meaningful time of reflection as we explore how to navigate this stage of life with confidence and clarity. We'll share practical tips for managing fears of growing old, rediscover our purpose and redefine priorities for a fulfilling journey ahead towards our final destination. All the while drawing encouragement from the truth that we are never alone, Emmanuel – God is with us.



Divorce, Separation and Annulment (5 and 19 Oct)

What the Catholic Church
Actually Teaches About
**Divorce, Separation,
and Annulment**

By Fr Terence Pereira

Via Zoom on Monday

- Part 1: 5 Oct 2026
- Part 2: 19 Oct 2026

Time: 8 - 10pm

Fee: Love Offering



Organised by
Catholic Divorce Support Group
Affiliate of Catholic Family Life



Scan to register or visit
bit.ly/DSAOct26

Couples enter into marriage with faith and hope that it will be a happy union that lasts. However, there are occasions when a couple faces an unhappy end to their married life together. How can Catholics in such a situation continue their life journey in a way that keeps them in full communion with the Church? This Symposium will help participants gain an insight into the complexity of the issues related to divorce, separation and annulment.

Catholic Hackathon (9 – 11 Oct)



DIGITAL CHURCH OFFICE PRESENTS:

**A CATHOLIC
HACKATHON!**

9 to 11 October 2026

Bringing together people of faith, creativity, and innovation to build solutions for the Church!

Individual Sign Up: **\$20**

Group of 3 Sign Up: **\$50**

Registration
closes 30 Aug!

Open to:
Designers | Developers | Professionals |
Students | Creatives | Anyone curious!

📍 CTIS, 618 Upp Bt Timah Rd

📱 @fiat.hack 🌐 mycatholic.sg/hackathon

**Sign up now at
mycatholic.sg/forms**

Digital Church Office will be organising a hackathon on 9-11 Oct where you can help to ideate solutions for various archdiocesan organisations.

Sign up now to be part of building the church of tomorrow with your talents!

Early bird signups close by 31 July and signups close by 30 August.

World Mental Health Day (Sat 10 Oct)





World Mental Health Day



Work well. Live well.



KEYNOTE SPEAKER
Prof. Kenneth Poon
Dean, Research and Centre Director
Centre for Research in Child Development,
National Institute of Education, NTU



PANELLIST
Ms. Andrea Chong
Psychodynamic
Psychotherapist,
The Psychology Practice



PANELLIST
Rev Fr Joachim Chang
Asst Parish Priest,
Christ the King Church



PANELLIST
Mr. Gerard Koh
Vice President,
People Experience and
Culture, Singtel



MODERATOR
Ms. Marie Thio
Clinical Psychologist,
Clarity Singapore

Register Now!
tinyurl.com/BRAVE1010



10 Oct 2026 (Sat)
9:30AM-12:30PM



ZOOM
(Event is free-of-charge)

Clarity is partnering with Catholic Business Network (CBN) for BRAVE – Work Well, Live Well, a programme that explores workplace wellbeing, purpose and compassion through a Catholic lens. The event will bring together a psychologist, priest and HR professional to reflect on how we can nurture healthier and more human workplaces.

Young Missionaries of Hope (Sat 17 Oct)



YOUNG MISSIONARIES OF HOPE

ONE IN CHRIST, UNITED IN MISSION

HOW CAN WE ANSWER THE DAILY CALL TO MISSION AS YOUNG PEOPLE?

COME AND SEE HOW CATHOLICS ACROSS THE SOUTHEAST ASIAN CHURCH RESPOND WITH THEIR WORK.



KEYNOTE SPEAKER
Cardinal Pablo Virgilio
"Ambo" Siongeco David
*Bishop of Kalookan,
Philippines*

SAT
17 OCT 2026
—
3:00PM - 5:30PM
SINGAPORE STANDARD TIME
—
VIRTUAL EVENT VIA ZOOM

SIGN UP NOW



bit.ly/unitedinmission

As the Church celebrates 100 years of World Mission Sunday, join us as we reflect on how we can be young missionary disciples in our own context.

Human Dignity & Development in the Era of AI (Tue 13 Oct)

Human Dignity and Development in the Era of AI

with Fr David Garcia, OP

An introduction to discerning the impact of AI

 Tue 13 Oct 2026

 07:30PM - 10:00PM

 **Catholic Centre,**
55 Waterloo St (Level 3)

 **Fee: \$15**

SCAN ME



bit.ly/dignityoct





The rise of sophisticated AI technologies is changing the world rapidly in ways no one has foreseen, and they continue to evolve at breakneck speeds. Just as Pope Leo XIII took on the consequences of the Industrial Revolution and started modern Catholic Social Teaching tradition, Pope Leo XIV aims to do the same for today’s digital revolution. His first encyclical, Magnifica Humanitas, is an invitation to the entire Church and all peoples, for we are all sisters and brothers, to safeguard human dignity in these turbulent times.

Come and join us at Catholic Centre to hear Fr David’s lecture on discerning the impact of AI in light of the encyclical and consider together what all this means for us. While a short evening session might not answer all our questions, we will begin to read the changing times with eyes of faith.

Register now at bit.ly/dignityoct

A Journey of Discipleship Retreat (16 – 18 Oct)

A Journey of Discipleship Retreat

JDR #2

- **Grow** into an authentic and mature disciple of Christ.
- **Discover** God’s call through Sacred Scripture.
- **Discern** and reorder your life’s priorities to live with greater freedom and joy, and bear lasting fruit.

Conducted by: Msgr Peter Zhang and CSC Retreat Team



SCAN TO REGISTER
<https://bit.ly/cscjdr2>

16 - 18 Oct 2026
Friday 8:30am - Sunday 6:30pm
Stay-in Retreat

Fee: \$280 (including GST)
Registration: 21 Aug – 7 Oct 2026



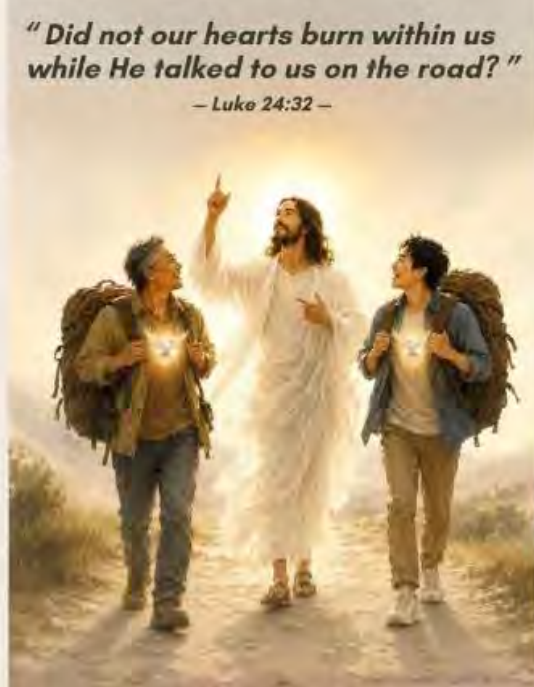
CATHOLIC SPIRITUALITY CENTRE
Encountering God • Healing Hearts • Empowering Lives

 1261 Upper Serangoon Rd S534796

 62867901

“Did not our hearts burn within us while He talked to us on the road?”

— Luke 24:32 —



Rest, Relish and Recharge (15 – 18 Oct)



REST, RELISH and RECHARGE

October 15-18, 2026
A Beach Retreat in Bintan

A time of rest, self-discovery, and spiritual growth.



**THE CENACLE
SISTERS**

with



**The
Jesuits**

Through an arrangement of rest and simple leisure activities, these days of reflection and prayer hope to root us in God's goodness and thus find God in all things, experiences & time. Most importantly, the retreat hopes to provide a safe space for self-discovery and emotional growth as we evaluate: **WHY DO I DO THE THINGS I DO?**

Crossroads (17 – 18 Oct)



**A Cenacle
programme**



PRAYING OUR CROSSROADS: A LIFE DIRECTION RETREAT

Whether one is at a crossroads in one's career, seeking personal growth, or looking for new inspiration, this retreat is designed to help you reconnect with your spiritual purpose and chart a meaningful path forward.



**17-18 OCT 2026
@LA SALLE HOUSE**

This transformative Life Direction Retreat is designed to help you reconnect with your spiritual purpose and chart a meaningful path forward. There will be a reflective exploration of values, desires, dreams and aspirations to help cultivate clarity and self-awareness. Whether one is at a crossroads in one's career, seeking personal growth, or looking for new inspiration, this retreat provides a nurturing and prayerful space to gain insights and develop practices for a fuller and more meaningful life ahead.

Apostolate for Catholic Truth presents

Love, Marriage & ^{the} Mystery of Sex

Date : 17 Oct 2026 (Saturday)

Time : 9.00am to 4.30pm

Cost : Love Offering

Venue : Church of St Francis Xavier, 63A Chartwell Drive



scan to register

<https://tinyurl.com/LMMS-oct2026>

Why do we have sexual desire? What is eros all about? What is marriage for? What is God's plan for us? Do we face issues in our married life? Or our sex life? Why? What can we do about it? Come and find out the answers to these questions and more as we explore them through the lens of the Theology of the Body

Presenters



Alphonsus & Cyrine Gregory
TOB Parenting Team



Fr David Garcia
Moral Theologian



John and Geraldine Hui
TOB Parenting Team

Hosted by Church of St Francis Xavier

Day for Life (31 Oct)

Day For Life 2026

A FUTURE FULL OF HOPE



A day of encouragement and renewal to serve and uphold the sanctity of life, through Prayer, Keynotes, The Sacraments And Healing Ministry.



JENNIFER HENG
Founder and Director
of Safe Place

KEYNOTE: HOPE AND HEALING AFTER ABORTION

Jennifer Heng is the Founder and Director of Safe Place, an organisation that empowers women with unsupported pregnancies to make life-giving choices. Drawing from over 20 years of ministry and her own personal experience, Jennifer will talk about finding hope and healing after abortion and how the Church can accompany families who may carry this wound.



DR BERNARD THIO
Founder of Couple
Empowerment
Programme (CEP)

KEYNOTE: CALLED TO PROTECT: MEN AND THE CULTURE OF LIFE

Dr Bernard Thio is a practicing doctor, graduate lecturer, and a devoted husband, father and grandfather. He was a pioneering leader in developing post-marriage catechesis for young marrieds and has served as a presenter at the Couple Empowerment Programme for the past 20 years. Dr Bernard will speak into the myth that men do not have a say in the issue of abortion, and the primary role of men in protecting and championing a culture of life in Singapore.



Father Bartolo
Maria
OCD

KEYNOTE: THE REASON FOR OUR HOPE

Fr Bartolo Maria, OCD obtained his Bachelor of Sacred Theology (SThB) at the Teresianum, the Discalced Carmelite Pontifical Faculty in Rome. Reflecting on the Holy Family of Nazareth who remained faithful amidst poverty, exile and great trials, Fr Bartolo will speak on the heart of Jesus as the source of all hope and the Christian family's missional call to love and serve life.

TICKETS

\$13 EACH

Better TWO-
gether Bundle

2 FOR \$21

Bring a friend along!

SIGN UP HERE



tinyurl.com/dayforlife26

31
Oct
2026

930AM- 4PM

Registration will begin at 9am.

CHURCH OF THE
IMMACULATE HEART
OF MARY

St Gregory's Hall



CHOICE WEEKEND (23 to 25 Oct)

CHOICE WEEKEND

FOR YOUNG ADULTS
SINGLE OR DATING
18-40

A CATHOLIC FAMILY LIFE AFFILIATE

Learn how to *love deeply* and *live authentically*

- Reflect on your relationships
- Hear raw, honest stories from singles, couples and religious voices
- Grow in self-awareness navigating relationships, faith and identity

FINAL CALL FOR 2026
23 to 25 October (Fri – Sun),
Stay-in @ ME House (Punggol)



Secure your spot today

Bible in the City (Mon 9 Nov)

A FIRESIDE CHAT WITH THESE CATHOLIC MEN ON MASCULINITY

FEATURING:

NICHOLAS GABRIEL LIM, JOHN HUI
BERNARD THIO, JEROME CHONG

Joined Online
by Special
Guest:
FOUNDER OF
THE CATHOLIC GENTLEMAN



FAMILYLIFE.SG/TCMM

7.30pm - 9.45pm

30 October 2026

Love Offering

PICO Creative Centre, 20 Kallang Avenue, 339411

ORGANISED BY
EPEL FoRM Academy Catholic Family Life

SUPPORTED BY
MEN SJ

What does it mean to be a Catholic man today?

From work and relationships to marriage and fatherhood, men are called to live with strength, virtue and purpose. But in a world shaped by pornography, social media and changing ideas of masculinity, that calling is not always easy to navigate.

Join us for an honest conversation about who we are, what our strength is for, and the men God is calling us to become.

Treasure #18 Retreat for Young Working Adults (Fri 6 Nov – Mon 9 Nov)



TREASURE #18

catholic encounter retreat for young working adults (21-35 years old)

“And you have come to fullness in Him who is the head of every ruler and authority.”

Col 2 : 10

6 Nov 2026, Fri (7.45pm) to 9 Nov 2026, Mon (6pm)
Full stay in @ 199 Ponggol Seventeenth Avenue S829645
Cost: \$163.50 (incl 9% GST)

Sign up: tinyurl.com/oyp-treasure18



We spend our days chasing what the world tells us will make us happy: success, recognition, comfort. Yet, even when we get what we want, there can still be a quiet emptiness within us, a tiny voice asking, “Is this really all there is to life?” Perhaps it’s because the fullness we long for isn’t found in what we have, achieve or become, but in the One whose love sets us free.

Come and encounter God in a personal way at Treasure #18, a stay-in Catholic Encounter Retreat specially for young working adults (ages 21–35) in Singapore.

Bible in the City (Mon 9 Nov)

BIBLE SYMPOSIUM

ORGANISED BY VERBUM DEI MISSIONARIES

Bible in the City

SCRIPTURE FOR THE CONCRETE JUNGLE

City life moves fast. Deadlines. Decisions. Constant demands.
It is easy to lose sight of what truly matters. What if Scripture could help you navigate it?
Hear keynote speakers and panelists explore Scripture’s relevance, learn practical ways to root your life in God’s Word, and be equipped to share its life-changing message.

Event highlights: two talks, a panel discussion and the celebration of the Eucharist.



Monday, 9 November 2026 (Public Holiday), 8.30 am ~ 1.00 pm
Novena Church Auditorium, Pastoral Block, Level 2
\$30 per person / \$50 for two (Special Price)
Light Refreshments Included

Keynote Speakers



Sr. Sandra Seow,
S.T.B. S.T.L.
Verbum Dei Missionary



Fr. Michael Cheong,
S.T.B. S.T.L. S.T.D.
Verbum Dei Missionary



Moderator
Melissa Yuen
Senior Tech
Executive

Panelists



Sr. Leticia C. Lopez,
S.T.B. S.T.L.
Verbum Dei Missionary



Irene Chan
Senior Healthcare
Administrator



Albert Ho
Director
Investment &
Asset Management Firm

SCAN TO REGISTER!



Alternative link:
tinyurl.com/VdeiBibleSymposium

Closing date:
18th October 2026



Don't just survive the urban rush but root your life in the living Word of God. Organised by the Verbum Dei Missionaries, this symposium is an invitation to pause and let Scripture speak into your busy city routine. Hear from our keynote speakers and panelists.

MARRIAGE ENCOUNTER WEEKEND 2026

Upcoming Weekend Dates

ENGLISH	28 - 30 Aug 2 - 4 Oct 4-6 Dec
MANDARIN	18 - 20 Sep
BAHASA INDONESIA	16 - 18 Oct



FRIDAY 8PM - SUNDAY 6PM
201 PUNGGOL SEVENTEENTH AVE
SINGAPORE 829651

WWW.WWMESG.ORG



Gebirah Missions to Hong Kong (6 – 10 Nov)



GEBIRAH MISSIONS
FAITH IN ACTION. LOVE IN SERVICE.



HONG KONG

MISSION 2026

6 – 10 NOVEMBER 2026

*After All Saints and All Souls,
COME WITH US
TO SERVE CHRIST
IN THE FORGOTTEN.*



*"Whatever you did
for one of the least
of these brothers
and sisters of mine,
you did for me."
— Matthew 25:40*

Hong Kong is a city of bright lights and hidden poverty. Many live unseen—homeless, refugees, migrants, elderly poor, and families struggling in difficult conditions.

Gebirah Missions will return to Hong Kong for a follow-up mission of service, solidarity, prayer and pilgrimage.



*Rooted in our Catholic Faith.
Sent by Love. Moved by Mercy.*

WHAT WE WILL DO

- Homeless outreach and dignity encounters
- Distribution of winter clothes, food, toiletries and essentials
- Support for refugees, migrants and marginalised families
- Menstrual health education and reusable pad distribution
- Follow-up visits from last year's mission
- Prayer, reflection and Catholic fellowship



WHO WE WILL SERVE

- Homeless persons
- Refugees and asylum seekers
- Migrant families
- Women and girls in need of menstrual health support
- Elderly poor
- Families living in hardship
- People who need winter clothing, food, toiletries and basic essentials



WHAT BENEFICIARIES NEED

- Winter jackets, sweaters, hoodies
- Warm socks, scarves, beanies, gloves
- Toiletries (toothpaste, soap, shampoo, etc.)
- Sanitary pads and reusable sanitary pads
- School supplies
- Non-perishable food
- Basic medicines where appropriate
- Financial sponsorship for mission expenses and aid distribution



WE WILL END OUR MISSION WITH A PILGRIMAGE TO OUR BLESSED MOTHER

After days of serving Christ in the poor, we will go to Mary to give thanks to God, to pray for our friends in Hong Kong, and to ask Our Lady to continue watching over them.

This pilgrimage is the spiritual crown of the mission — a moment to bring everything we have seen, carried, loved and suffered back to God through the hands of Mary.



HOW YOU CAN HELP



JOIN
as a volunteer missionary



DONATE
winter clothes and essentials



SPONSOR
a missionary or aid packs



HELP
with packing and logistics



SHARE
with your parish, family & friends



SEND
prayer petitions



PRAY
for the mission and the people of Hong Kong

UNABLE TO AFFORD THE MISSION?

If you are sincere in serving the marginalised, you can apply for **PART SPONSORSHIP**. We don't want cost to stop a sincere heart from serving.



THE POOR CANNOT WAIT.
Let us go where love is needed.

SIGN UP NOW
Places may be limited.



Be Christ. Bring Hope. Change Lives.

CONTACT

- Tony Tan / Gebirah Missions
- Visit www.gebirah.org/mission-trips/hong-kong
- Email: gebirah@charis-singapore.org
- +65 9234 7889

Come to Hong Kong with Gebirah Missions. Serve. Pray. Listen. Give. Let God enlarge your heart.

COME TO HONG KONG WITH GEBIRAH MISSIONS.
SERVE. PRAY. LISTEN. GIVE. LET GOD ENLARGE YOUR HEART.

BREATHE

RETREAT #4



A YOUTH IN THE SPIRIT SEMINAR FOR YOUTHS & YOUNG ADULTS (16 – 30)

Come as you are and encounter Jesus anew.
Rest in Him and learn to walk in His ways.

Retreat Dates: 17 – 20 Dec 2026, Stay-in
Fee: S\$160 Early Bird (till 11 Oct) • S\$175 thereafter
Registrations: Now open • Closes 30 Nov 2026

REGISTRATION



bit.ly/breathe4



2026: A JOURNEY OF DISCIPLESHIP WITH ST PETER

CER DR PER IHR IR **BR** HR

CONDUCTED BY:



Sat



CATHOLIC SPIRITUALITY CENTRE
Encountering God • Healing Hearts • Empowering Lives



@csctr



Catholic Spirituality Centre



62887901



1261 Upper Serangoon Rd S534796